

Nuclear disaster protocol

Priorities

1. **Cover:** immediately, to minimize blast damage
2. **Shelter:** within 15 mins, to minimize fallout radiation
3. **Evaluate:** once shelter is secure, to assess risk
4. **Evacuate:** whenever safe, or necessary

Detonation protocol

1. Duck and cover, cover ears and eyes and wait for the air blast to pass.
2. Take potassium iodide as soon as possible if safe to do so.
3. Get inside in under 10-15 minutes. The shelter should be suitable for 2-3 days.
4. Designate a clean room (ie. hall) and take off your clothes, which could be contaminated; put them in a garbage bag and put them outside.
5. Wash your hands.
6. Close windows, doors, vents, fans, HVAC channels.
7. Seal any broken windows.
8. Take a shower to rid yourself of radiation; use soap, don't use conditioner.
9. Start sealing up your shelter, work your way inwards, use plastic sheeting and duct tape.
10. Retreat to the most inner part of the structure.
11. Tune into the emergency broadcast.
12. Don't drink tap water; wipe off food packaging before opening.
13. Work any potentially contaminated items away from your shelter as far as possible.
14. Take potassium iodide every 24 hours for the first three days. Save one dose for an evacuation.

Preparation protocol

1. Go to your shelter location;
2. Open all windows and doors (will prevent them from smashing);
3. Close all curtains, blinds, sunscreens, and so on;
4. Take potassium iodide;
5. Find cover behind a concrete wall, flat on the floor, face down; cover your eyes and ears and wait for the blast.